

Fresh fruits & vegetables are served when available & affordable. No person because of race, color, national origin, sex, age or handicap, shall be excluded from / participation in / be denied benefits of/or be otherwise subjected to discrimination in our USA Department of Agriculture Food & Child Nutrition Program.

*Milk choices: Fat Free Chocolate & 1% Low Fat White

<u>Monday</u> <u>10.3.22</u>	<u>Tuesday</u> <u>10.4.22</u>	<u>Wednesday</u> <u>10.5.22</u>	<u>Thursday</u> <u>10.6.22</u>	<u>Friday</u> <u>10.7.22</u>
Savory Breaded Boneless Chicken Wings	Walking Tacos Peas	Egg & Sausage Pizza Bagel Corn	Oven Baked Chicken- Drum Stick	Italian Beef Pepperoni Calzone Tater Tots
French Fries (reg/spicy)	Broccoli	Coleslaw	Mashed Potatoes/Gravy	Corn
Vegetable Sticks	Cookie	Chips	Green Beans/Dinner Roll	Fruit
Fruit & Milk	Fruit & Milk	Fruit & Milk	Fruit & Milk	Milk

<u>Monday</u> <u>10.10.22</u>	<u>Tuesday</u> <u>10.11.22</u>	<u>Wednesday</u> <u>10.12.22</u>	<u>Thursday</u> <u>10.13.22</u>	<u>Friday</u> <u>10.14.22</u>
Twisted Rotini w/ Marinara or Alfredo Sauce	Beefy Cheesy Nachos w/ Lettuce	Baked Ham Slice Mashed Potatoes & Gravy	<i>Parent-Teacher Conferences</i>	<i>No School</i>
Cheese Sticks/Garlic Bread	Corn	Baked Beans	<i>Half-Day</i>	
Green Beans	Fruit	Dinner Roll	<i>No Lunch Served</i>	
Fruit & Milk	Milk	Fruit & Milk		

PARISH-SCHOOL MISSION STATEMENT

Saint Joseph the Worker Roman Catholic parish and school encourages its members to live fully the message of Jesus Christ. Inspired by the Holy Spirit through faith, love, sacraments, and service, our parish family will be a community of lifelong achievers and a center for academic excellence.

St. Joseph the Worker School October 2022 Menu

<u>Monday</u> <u>10.17.22</u>	<u>Tuesday</u> <u>10.18.22</u>	<u>Wednesday</u> <u>10.19.22</u>	<u>Thursday</u> <u>10.20.22</u>	<u>Friday</u> <u>10.21.22</u>
Cheese Stuffed Crust Pizza	Breaded Chicken Strips	Sloppy Joe	Taco's w/	Pulled BBQ Pork Sandwich
Mixed Green Salad	Tater Tots	French Fries (Reg/Spicy)	Meat/Cheese/Lettuce	Green Beans
Green Beans	Corn	Baked Beans	Corn	Broccoli
Fruit	Dinner Roll	Fruit	Coleslaw	Fruit
Milk	Fruit & Milk	Milk	Fruit & Milk	Milk

<u>Monday</u> <u>10.24.22</u>	<u>Tuesday</u> <u>10.25.22</u>	<u>Wednesday</u> <u>10.26.22</u>	<u>Thursday</u> <u>10.27.22</u>	<u>Tuesday</u> <u>10.28.22</u>
Chicken Nuggets	Spaghetti	Tomato or Chicken Noodle Soup	Coney Dog or Hot Dog	<i>End of 1st Quarter</i>
Tater Tots	Mozzarella Cheese Stick	Grilled Cheese Sandwich	French Fries (Reg/Spicy)	<i>Half-Day</i>
Corn	Garlic Bread	Mixed Salad	Baked Beans	<i>No Lunch Served</i>
Muffin	Green Beans	Fruit	Fruit	
Fruit & Milk	Fruit & Milk	Milk	Milk	

<u>Monday</u> <u>10.31.22</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Tuesday</u>
Savory Breaded Boneless				
Chicken Wings				
French Fries (reg/spicy)				
Vegetable Sticks				
Fruit & Milk				

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Persons with disabilities who wish to file a program complaint, please see information above on how to contact us by mail directly or by email. If you require alternative means of communication for program information (e.g., Braille, large print, audiotape, etc.) please contact USDA's TARGET Center at (202) 720-2600 (voice and TDD).

USDA is an equal opportunity provider and employer.

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