

St. Joseph the Worker School Wellness Goals 2017-2018

1. Apple Crunch Day – We will participate in this every year. Providing everyone in our school with an apple.
2. Fundraising during the school day will meet smart snack requirements.
3. Limit non-smart snack fundraisers to 1-2 yearly.
4. Mr. Fletcher's BCPS Health Class to present nutrition facts and findings to Mayes Elementary and St. Joseph the Worker School students.
5. Update goals on school website and monthly bulletins.
6. Posters will be posted in the cafeteria promoting health and wellness.
7. Inform the public through the school website at least once a year.
8. Posters about nutrition are completed by all classes and hung up in the hallway and cafeteria.
9. Mrs. Hauck will monitor and keep track of completing these goals.

If any community member, parent, student or parishioner is interested in joining our Wellness Committee, please contact Mrs. Hauck at 989-644-3970.